



May is mental health awareness month. Military counseling for stress is available – and free to service members and spouses

BY MILITARY ONESOURCE

Whatever's weighing on you, you have expert support to help address it – free and confidential for service members and families. See all the ways you can connect with expert help to tackle your challenges:

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Free credit score and analysis tool

BY FINRA INVESTOR EDUCATION FOUNDATION

The FINRA Investor Education Foundation makes FICO^(R) credit scores, reports and educational information free of charge to **active-duty service members and their spouses** through installation military financial educators and counselors in the DoD and USCG Personal Financial Management Programs.

Read the details here:

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BBB Tip: Avoid the "yo-yo"
– BBB and FTC help car



BBB Tip: What happens to a gift card when a business goes bankrupt?

buyers have a smooth transaction

BY BETTER BUSINESS BUREAU

The FTC and BBB want consumers to have a smooth, honest, safe transaction when making a major purchase, such as that of a new vehicle. Here are some tips to help you with your car-buying decision.

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BY BETTER BUSINESS BUREAU

Gift cards might seem like the perfect present for a hard-to-shop-for friend or family member, but they are not without drawbacks. When a store goes out of business, gift cards do, too.

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Think you owe back taxes? Read this

BY FEDERAL TRADE COMMISSION

Tax season might be over, but your tax issues might not be. What happens if you owe back taxes and don't know how you're going to pay them? Tax relief companies might say they can help, but often they'll just leave you even further in debt without any relief. Here's what to know:

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BBB Tip: Choosing online education

BY BETTER BUSINESS BUREAU

When searching for an online university, college or program to help you earn your degree on your own time, make sure it's real first.

BBB offers tips on how to differentiate between an accredited online school and a "diploma mill."

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BBB RESOURCES

Learn more about additional organizations and partners that can help you achieve your goals.

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